



# Virtual Professional Development Sessions

### January 2024- March 2024

Please join us for these free online sessions provided with support from OhioMHAS Whole Child Matters DEW-SST Expansion Project, State Support Teams 10, 13, & 14, and the Early Childhood Mental Health Team with the Greene County Educational Service Center. These sessions are designed to support professionals working with children ages birth to ten.

# **Creating Mentally Healthy Classrooms**

January 22, 2024 9:00am - 10:30am - Register HERE

### January 26, 2024 9:00am - 10:30am - Register HERE

Does your learning environment meet the mental health needs of ALL children? Explore the components of a mentally healthy learning environment, including specific strategies to enhance the classroom environment for a few (tier 3), some (tier 2), and all (tier 1) students, plus you as the adult co-regulator.

# **Relational Health Strategies for Improving Behavior in Early Childhood Classrooms**

# February 9, 2024 9:00am - 11:00am - Register HERE

### February 19, 2024 9:00am - 11:00am - <u>Register HERE</u>

This course explores the foundational concepts of early childhood mental health. During this course, participants will increase their knowledge of brain development and social-emotional learning from birth to age 8. Participants will examine the complex and too often overlooked interplay of early experience, social, emotional, behavioral, and relational health that supports the foundation for all future learning.

# The Spectrum of Social Emotional Skills: Connecting with Students with Autism

# March 4, 2024 9:00am - 11:00am - Register HERE

#### March 8, 2024 9:00am - 11:00am - Register HERE

During this training, early childhood educators will have the opportunity to reflect on some of the characteristics and challenges of their students on the autism spectrum or who exhibit more needs in their behaviors. Participants will identify their triggers and consider their perception of the most personally dysregulating behaviors. We will discuss how attunement during free play can give opportunities to connect with these students, all while increasing classroom unity.

Once you register on Zoom, a personal link will be sent to you to add to your calendar. If you provide an OPIN number during registration, attendance will be verified for credit after completing the training.

For questions, please e-mail: <u>ECMHTeam@greeneESC.org</u>.